

Report about the Health Post in Pampacche

Date of the Report: 20 of February 2008

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The Nurses: Mateo Ical Pop, Roberto Cipriano Pop Moran

Communities Served: nine; 3,000 a 4,000 people

I. Resume of Service Provided: June to December 2007, submitted by Mateo Ical Pop

<u>Activity</u>	<u>Number of Patients</u>
Emergencies	35
Clinic Consults	2,800
Educational Talks Given	14
Home Visits	28
Supervision of Malnourished Children below 2 yrs. old	1
Post-partum Visits	14
Supervisión of Pregnant Women	32
Patients referred to a Helps medical-surgical team in Uspantan	5

II. Current Work Schedule

1.1.1 Monday to Friday 8:00am a 4:00pm

1.1.2 The nurses take turns working in the clinic - 1 week on, 1 week off

1.1.3 The nurse not working in the clinic attends emergencies, does house visits, and attends meetings

III. Current Activities

<u>Activity</u>	<u>Details</u>
Clinic Consults	15 - 20 patients per day
Serious cases that need transportation to higher level of care	1 - 2 per month
On-going training for the nurses	1 – 2 per month
Meetings that the nurses have to attend	Sala Situacional in the Central de Salud – 1/month SIGSA-18 – 4/ month Health Committee in each community – 1/month ASOSAP – 1/month
Home Visits	As Needed – follow-up on a patient; called by a family member of a patient; give a prescribed injection
Emergencies	As Needed – motor vehicle accidents ; machete cuts; burns

- IV. Achievements
 - 1.1.1 Detected and cured pneumonias in children younger than 5 years old
 - 1.1.2 Detected and solved problems in women both pre- and post- partum
 - 1.1.3 Stabilized and referred to hospital a victim of a car accident that had cerebral trauma
 - 1.1.4 Referred 5 patients for treatment to a visiting medical- surgical team
 - 1.1.5 Coordinated a garbage clean-up campaign in the market area of Pampacche
 - 1.1.6 Formed Health Committees in each community served by the Health Post; initiated orientation and education sessions with the committees
- V. Obstacles
 - 1.1.1 No reliable transportation to send critical cases to higher level of care
 - 1.1.2 No reliable source of medicines and medical supplies (dressings, I.V. solution, suture material)
 - 1.1.3 Need a nebulizer for the many patients with pneumonia
 - 1.1.4 Need stethoscopes, BP cuffs, and a fetoscope
- VI. Goals
 - 1.1.1 Obtain a truck exclusively for the use of the Health Post, to transport patients
 - 1.1.2 Improve the coordination between the Health Post, the local civic committees, and the Health Committees
 - 1.1.3 Improve the coordination between the nurses and the traditional village midwives
 - 1.1.4 Obtain equipment and materials for the village midwives
 - 1.1.5 Establish a system of garbage management in the communities
 - 1.1.6 Look for a reliable source of an adequate supply of medicines and medical supplies
 - 1.1.7 Obtain more support for the Health Post from the communities that are served by the Post
- VII. Support for the Health Post from.....
 - 1.1.1 New Minister of Health – A proposal was sent to him; awaiting a reply
 - 1.1.2 Government Hospital in San Cristobal; Dr. Iboy y Señor Erika – good; they help with patients referred from the Health Post; give some training to the nurses
 - 1.1.3 Fundameno (NGO that is contracted by the government to give health care in rural areas)– nothing
 - 1.1.4 National Hospital in Coban; Dr. Chen – good; helps find transport for patients referred; keeps track of the patients sent to the hospital in Coban
 - 1.1.5 Tele-Salud(Project funded by Canada which promotes better health coverage in rural areas); Mario Tipo y Lic. Isabel Lobos – good; on-going training
 - 1.1.6 The Communities served – not much
- VIII. Monthly Report to be delivered to Hope of the Pokomchi, ASOSAP
 - 1.1.1 A rough draft of a form will be finalized by the end of February
 - 1.1.2 The monthly report using the new form will be initiated in March 2008
 - 1.1.3 Along with the report the nurses will include photos of their work, stories of patients, and testimonies of patients
- IX. Themes for on-going training for the nurses
 - 1.1.1 Practice and training on starting I.V.s
 - 1.1.2 Suturing techniques
 - 1.1.3 First Aide; Managing Emergencies
 - 1.1.4 Evaluation of a patient
 - 1.1.5 Signs of danger in a pre-partum or post-partum woman